

# CONSIDERATION FOR NUTRITIONAL CHOICES

**Nom de l'entreprise :** SuperDrecksKëscht - Oeko Service Luxembourg S.A.

**Secteur d'activité :** Activités de services administratifs et de soutien

**Catégorie de l'entreprise :** PME

## Description de l'action

Offering vegan and/or vegetarian food at company events

## Contexte

Employees have decided to follow a vegan or vegetarian nutrition.

The main reason for us is climate protection and sustainability. Avoiding meat and other animal products means significantly reducing the CO2 footprint.

Other reasons are: Inclusion of Diverse Convictions and Beliefs: Offering vegetarian and vegan menus can facilitate the integration of employees who follow specific diets due to their religious or ethical convictions. For instance we have a colleague of the Islamic faith who doesn't want pork.

Adaptation to Health Needs: The inclusion of vegetarian and vegan options can also benefit those with dietary restrictions for health reasons, such as lactose allergies or intolerances. As this is now widespread among the population, we also have a number of colleagues who are allergic to lactose in particular.

Promotion of Culinary Diversity: Introducing varied and culturally inclusive menus can enrich the dining experience for all employees, fostering curiosity and respect towards different lifestyles and cultural preferences.

## Objectifs

Increase the feeling of inclusion by adding a vegetarian and vegan menu for the employees who do not eat meat or animal products.

## Approche

During the course of the year, there are regular internal events at which food/catering is organised. Lists are made available here in which all employees can enter what they would like. There is then a special offer for vegans and vegetarians.

## Impact

Understanding that giving up meat and animal products is a personal decision, that must be respected. As there is

sufficient offer today, the procedure does not involve any major effort.

### « A faire »

Internal survey to find out which employees have made a conscious decision in favour of a vegan or vegetarian diet.

### « Ne pas faire »

Dismiss the nutritional decision as unimportant for the company.